

## **HEALTH AND ILLNESS POLICY**

**Bowden House Day Nursery promotes a healthy environment and therefore for the benefit of both children and staff it is requested that: All staff, children and visitors must complete a Health Questionnaire before coming into the setting.**

- **No child should be brought to the setting suffering from sickness/ diarrhoea. A clear 48hour period should be allowed before returning to setting.**
- **No child or staff member should come into the setting if unwell with the symptoms of Covid-19 and displaying a high temperature. Stay at home as per government guidance. If the child or staff member has tested positive within 90 days for Covid 19 then it is not recommended to carry out a lateral flow test due to false positives and they can return to setting once feeling well and not displaying a temperature. Otherwise we require a lateral flow test to be done to mitigate the impact on the setting. If a negative result is the outcome then return to the setting is allowed. If a positive result , or you do not want to test, then we will require the staff member to remain away from the setting for 5 days or child 3 days ( as less infectious). Staff member /child must be feeling well and not displaying a temperature before return .**
- **Children will be monitored for any signs of illness, if the staff feel a child is unwell on consultation with the Manager, parents/carers will be notified and asked to collect them as soon as possible.**
- **Any child appearing to be ill on arrival may be refused entry if the Manager feels they are too unwell to stay.**
- **Any illness resulting in a visible rash must be clear before returning to nursery.**
- **Should there be a case of head lice the parents/carer of the infected child will be informed in a discreet manner and a letter sent out to parents with information as to treatment.**
- **If there should be any infectious diseases in the area parents will be emailed explaining, signs, symptoms and treatment.**
- **If a child should fall ill then the manager will inform parents/carer and asked to collect the child.**
- **If parents are unobtainable use emergency contact number on the child's registration form.**
- **As the child is waiting collection they should be taken into a quiet room. A member of staff is to remain with them at all times keeping them comfortable. This also isolates them from other children should they have something infectious.**
- **If parents cannot be contacted then refer to child's records for consent form to seek medical advice from a doctor.**

- Once parents are contacted inform them in a calm concise manner as to their child's wellbeing, symptoms, action taken and where they are now and who is caring for them
- For the following common illnesses we specify the following absence period:

Hand Foot and Mouth – until blisters have disappeared.

Chickenpox- 5 days after rash appears or once all scabbed over.

Slapped cheek- until clinically well.

Oral thrush-can return following treatment with prescribed medication for a 24 hour period.

Impetigo- Until lesions are crusted and healed or 48 hours after start of antibiotic treatment.

Measles-Four days from onset of rash

Whooping cough- 48 hours from start of antibiotic treatment or 21 days from start if no antibiotic treatment

German measles- five days from onset of rash

Covid 19- 5 days adult 3 days child from either positive test or start of symptoms, including high temperature if no test obtained. (unless had a positive test for Covid 19 within 90 days of new symptoms see above).

Child/Staff member must be well and have no temperature before return.

Please note as per our terms and conditions full fees are payable for all sick days.